



**Eastern Iowa Chapter
International Facility Management**

March 2009

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Theresa A Chapel, CFM
Phone: 319-368-4770
theresa.chapel@usbank.com

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Tim Bishop
Phone: 319-364-5467
tbishop@tmservices.net

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Frank E Rainbolt Jr CFM, SMA
Phone: 319-286-2465
frainbolt@unitedfiregroup.com

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Joan S Lorge, ASID
Phone: 319-665-7793
joan.lorge@vangent.com

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Helen M Dailey
Phone: 319-335-3305
helen-dailey@uiowa.edu

Chapter Sponsorship Chair

Della L McGrath, CFM
Phone: 319-358-8448
dellamcgrath@qwestoffice.net

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Kay Volz
Phone: 319-721-3100
kaylvolz@aol.com

Chapter Membership Chair

Growth & Retention
Lynnel Thomas, CFM
Phone: 319-665-7794
lynnel.thomas@vangent.com

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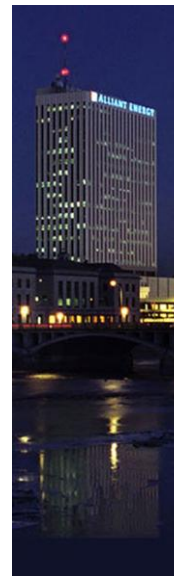
Tracy L Parizek
Phone: 319-627-4468
tracyparizek@gmail.com

Date: Tuesday March 10, 2009
Time: **5:30 – 8:00**
Location: Alliant Energy (Building is locked at 6:00 please arrive early)
200 1st St. SE
6th floor

Agenda:

5:30 – 6:00 Registration
6:00 – 7:00 Tour
7:00 – 8:00 Dinner/Meeting
Dinner catered by Winifred's featuring Granny Apple
Stuffed Pork Loin

Due to the Flood of 2008, Alliant Energy is just finishing major renovations to 1st floor. Dave Wray, Electrical Engineer with Shive-Hattery will be presenting on "Greening your Facility with Lighting." We will also get to tour Alliant's 1st floor where they utilized High Efficiency Lighting and Unique Lamping combinations.



Directions:

From Cedar Rapids – Take exit 19A for Diagonal Dr/US 151 toward 5th Ave. SW. Merge onto 3rd St. SW. Turn right at 151/1st Ave. SW. Turn right at 1st St. SE.

From Iowa City – Take exit 239B for I-380 N toward Cedar Rapids/Waterloo. Take exit 19A for Diagonal Dr/US 151 toward 5th Ave. SW. Merge onto 3rd St. SW. Turn right at 151/1st Ave. SW. Turn right at 1st St. SE.

Remember Carpooling:
Use as much as you can & let Kay Volz know if you would like to do so; she can make others in your area aware.

**RSVP to Tracy @ tracyparizek@gmail.com
before noon on Friday March 6th**

February Winners!!!

Brett Hulme, Piggott Inc – free chapter meeting
Jan Harvey, U of I – Biaggi's gift certificate

Congratulations!!!

Weathering the Winter

Tips for Maintaining Your Fire Protection System
Article from FMJ magazine - by Chuck Castle

With the cold temperatures of wintertime come the potential pains of a frozen sprinkler system. Not only do frozen system components make your safety systems less effective and responsive but they can also put your property at risk of flooding and serious water damage as a result of bursting pipes. The cheapest and most effective way to handle sprinkler freeze-ups is to stop the problem before it starts by scheduling a thorough inspection and following these simple precautions.

- **When you schedule a inspection with your fire protection professional, he or she will survey your property to ensure that the fire protection system has no physical deficiencies and that all components are receiving adequate heat.**
- **During the inspection, your fire protection professional should check to make sure that all elements of your wet pipe system are properly equipped to maintain a temperature of 40 degrees Fahrenheit or higher.**
- **A thorough assessment of your wet pipe system should also include an examination of any areas utilizing an antifreeze loop system.**
- **Because dry pipe systems do not normally contain water, they are less likely to freeze during the winter. However, it is still important to assess these systems so they are fit to withstand extreme temperatures.**
- **In the unfortunate event of a sprinkler freeze-up, your first step should be to contact your fire protection company and to notify the local fire department.**

If you have yet to do so, schedule an inspection for your fire protection system to keep your property and tenants safe through the remainder of the winter. Preventative maintenance is the most efficient, effective and affordable way to avoid weather-related problems with your fire protection system and to curb the risk of potential safety and fire hazards. If your life safety system does succumb to freezing temperatures, make sure to contact your fire safety professional immediately and follow the steps needed to prevent further damage and safety hazards.

CALENDER

Eastern Iowa IFMA
2008/2009 Programs

Date: September 9, 2008

Location: Clipper Turbine Works
(Windpower)

Time: 10:30 – 1:00
Cedar Rapids, IA

Date: October 14, 2008

Location: Ruggers Café
North Liberty, IA

Date: November 11, 2008

Location: Aegon (The Ranch)
Hiawatha, IA

Date: December 9, 2008 **Canceled**

Location: Herbert Hoover Library
West Branch, IA

Time: 11:30 – 2:00

Date: January 13, 2009

Location: Edge Water Grill
Marriott Hotel
Coralville City, IA

Time: 11:30 a.m.

Topic: Johnson County Bridges
Flood 2008

Installation of Officers

Networking Meetings

Location: Biaggi's
Cedar Rapids, IA
Scott Olson/Skogman

Time: 5:30 p.m.

Topic: City Update

Date: February 10, 2009

Location: Johnson County Health and
Human Service Building
David Kempf—LEED project

Date: March 10, 2009

Location: Alliant Energy – Cedar Rapids, IA
Greening your Building with Lighting

Date: April 14, 2009

Location: TBD
Everything you EVER Wanted to
Know About Recycling

Date: April 24, 2009

Location: Farm Bureau Auditorium,
West Des Moines, IA
Annual Eastern Iowa/Central Iowa
IFMA Chapters Joint Meeting

Date: May 12, 2009

Location: Mercy Hospital in Cedar Rapids
Flood Recovery and Green Topics

2009 Quad City IFMA meetings

March 10, 2009

**Location: Alliant Energy – Cedar Rapids, IA
Greening your Building with Lighting**

April Date to be determined

Location: Tour of the Quad City Times or Mississippi Valley Regional Blood Bank

May: Date to be determined - CEU Available

Location: Quad Cities

½ day seminar presented by American Arbitration Association

Arbitration and Mediation Conference

Topics: Choosing the right resolution options

On site resolution

Partnering

Dispute Resolution Board

Project Neutral

IDM

Mediation

Arbitration

Panel discussion

Tentative cost \$20 -\$25 including lunch

Please RVSP to Tammy Speidel @

TSpeidel@scottcountyowa.com or 563-328-3241

New Members

**John F Chenoweth
Gregory C Martin
Kim Sieck**

Welcome!!

Central Iowa Chapter of IFMA
SAVE THE DATE

Annual Eastern Iowa/Central Iowa IFMA Chapters
Joint Meeting

When: **Friday, April 24, 2009**

Where: Farm Bureau Auditorium
5400 University Ave.

IFMA Calendar of Events

- | | |
|------------------|--|
| Jan. 13 – 14 | Finance Competency Course
Houston, TX |
| Jan. 15 – 16 | CFM Exam Review Course
Houston, TX |
| Jan. 20 – 21 | Sustainable FM: A Practitioner's guide to Greening
Your Facility - Pilot Course * Special Pricing
Houston, TX |
| Jan. 22 – 23 | CFM Exam Review Course
Boston, MA |
| Jan. 27 – 28 | CFM Exam Review Course
Kansas City, MO |
| Feb. 10 – 11 | Sustainable FM: A Practitioner's Guide to
Greening Your Facility
Dayton, OH |
| Feb. 12 – 13 | Operations and Maintenance Competency Course
Dayton, OH |
| Feb. 23 – 25 | FM-3D
San Diego, CA |
| March 17 – 2 | The Business of FM Course
Houston, TX |
| March 28 – 3 | Industries Forum Pre-Conference Courses
Vancouver, BC |
| March 28 – 29 | CFM Exam Review Course
Vancouver, BC |
| Mar. 31 – Apr. 2 | IFMA Industries Forum 2009
Vancouver, BC |
| April 7 – 8 | Operations and Maintenance Competency Course
Houston, TX |
| April 9 – 10 | Leadership and Management Competency Course
Houston, TX |
| May 12 – 15 | IFMA Spring Symposium
Charlotte, NC |
| May 14 - 15 | CFM Exam Review Course
Charlotte, NC |
| June 16 – 17 | European Facility Management
Conference
Amsterdam, The Netherlands |

See our website for more details
<http://www.ei-ifma.org/resources.html>

Membership Anniversaries

Brett A Hulme – 8 years

Teresa A Ruth – 4 years

Congratulations!!

January Meeting Re-Cap

By Helen Dailey

January meetings were held in both Iowa City and Cedar Rapids. No snow for lunch, but beautiful snow crystals arrived after the dinner meeting for the ride home.

The Iowa City luncheon meeting took place at the Marriott with Engineer Jane Driscoll providing her experiences on monitoring and saving the bridges in Johnson County during the flood. Her work took place 24/7 working in conjunction with the cities, the county and the state on when to keep bridges open and when to close them. The details of the evaluations made were fascinating as she explained the methods used for formulating the decisions.

The Cedar Rapids meeting took place at sponsor Biaggi's restaurant. Members gathered in the wine room, where Scott Olson provided wine and appetizers, and members ordered from the menu. Scott provided an overview of the Cedar Rapids area, covering the economy, flood recovery and new developments. A brief discussion with those who had experienced flood damage took place.

As always, it was wonderful to meet with our associates to learn, share experiences and network.



**320 Collins Road NE
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**Over Seven Years of
Continued Sponsorship-
Thanks!!****



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